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Southwest Gastroenterology, P.A.

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Liver and Digestive Disease Specialist

Board Certified in Gastroenterology and Internal Medicine

EGD PREPARATIONS

Day: _____ Date: _____ at _____ am/pm

Be at the hospital at _____ am/pm

1. (A) Be sure to pre-register at Guadalupe Regional Medical Center (Seguin) at least 2 days before your procedure
(B) If your procedure is scheduled at Christus Santa Rosa Ambulatory Surgery Center (New Braunfels) or Otto Kaiser (Kenedy), they will contact you within one or two days of your procedure.
2. **Do not EAT or DRINK anything after Midnight (12 am) before your procedure or as directed by your doctor.**
3. Check with your doctor about taking medications (especially diabetic, heart, and high blood pressure medications) the day of your procedure.
4. Wear loose fitting comfortable clothes to the hospital the day of your procedure.
5. Leave your jewelry, valuables and money at home.

Notify your doctor the day before your procedure if there is any change in your health status, such as colds, fever, congestion, etc.

6. Bring your medication or a list of medications that you take.

If you need to cancel your appointment call your doctor at the office and the hospital at 830-401-7440.

You may take your blood pressure and heart medication with a sip of water

Do NOT take Diabetes medication on the morning of your procedure.

3 DAYS PRIOR STOP TAKING ASPIRIN, IRON PRODUCTS, IBUPROFEN, AND ANY MEDICATIONS THAT HAS ASPIRIN IN THEM (SEE LIST)

THIS INCLUDES ANY NSAIDS

PLEASE INITIAL & DATE THAT YOU UNDERSTAND THESE INSTRUCTIONS:

Be sure that someone brings you, stays with you, and is available to drive you home.

Please Note: Call the hospital two days before your procedure to pre-register:

GRMC: 830-379-2411(main) Christus Santa Rosa: 830-643-8600 Otto Kaiser: 830-583-3401

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